

## Basic Things To Bring

### **Devotional Material:**

- \* Bible
- \* Quiet Time Material
- \* Notebook and pencils/pens

### **Clothes:**

- \* You need enough for seven days (plus your travel days!)
- \* You need to plan for it to be warm (not necessarily hot) during the day and cool in the evenings
- \* Wet weather clothes (i.e. a rain suit; for the spray from the boat and on rainy days)

### **Shoes:**

- \* We will do some hiking along creeks and up hills.
- \* I have found that a pair of boots and sandals covers the trip.

### **Toiletries (There are showers, etc. at the base camp. There is a river and an outhouse upriver ☺.)**

- \* Soap, deodorant, shampoo, etc.
- \* Towel/washcloth

### **Bedding:**

- \* The best is to bring a sleeping bag and pillow.

### **Fishing Gear:**

- \* Rod & Reel (it is safe to bring two ... just in case)
- \* Lures/bait (fishing for pike, walleye, bass & trout)
  - pike and walleye have been caught on spoons, rattle-traps, spinner bait and MEPS 3
  - bass have been caught on rattle-traps and spinner bait
  - trout have been caught on corn and small rooster tails
- \* Steel line – pike and walleye have teeth
- \* Pinch nose pliers (pike and walleye have teeth!)
- \* Insect repellent (not necessary while on water but travelling to ponds, etc. through the woods, the mosquitoes consider it open season)

### **Camera**

### **Board Games/Cards:**

- \* There will be some “down time” in the evenings when you may want to play a game.

### **Cash**

- \* For miscellaneous items on the trip and if you want to buy an extra shirt, etc. at camp

## Things NOT To Bring

### **Work-Related Material:**

- \* This is a spiritual retreat ... time to get away from everything.

### **CD Players, etc.:**

- \* There may be small opportunities (i.e. just before bed) that you might use headphones; however, one of the major benefits of these retreats are getting AWAY from the world. If you don't think that you can do without your MP3 player then maybe you need to!

### **Cigarettes (smoking paraphernalia), Alcohol, etc.**

## **Additional things to consider**

### **Saturday Night Accomodations**

We will be leaving from the Walmart parking lot in Sault Sainte Marie, Michigan at 7:30 AM Sunday. I have found that it was worth the additional time/funds to arrive in Sault Sainte Marie, Michigan Saturday night and get a good rest going into the trip on Sunday. I have included a page with links to several hotels/motels off of Exit 392 (just before the border) – the Walmart is near these motels. If you have four guys sharing the room it will reduce the cost per person – if you would like to hook up with someone else to share costs let me know and I will see if I can help coordinate that.

### **Special dietary needs**

If you have any special dietary needs please e-mail those as soon as possible. Though the camp will not be able to plan special menus for a variety of needs, they do seek to accommodate special needs as much as possible and the more time there is to plan ahead – the better.

### **Emergency Contact Information**

There is no land line telephone to the camp. The following contact information is for emergency use only! The camp has to pay a good price for their radio air-time.

Canadian Adventure Camp  
Montreal River Harbor  
Ontario, POF-1H0, Canada  
(705) 882-1018 code: 013

(\* This is one-way radio-telephone system. In other words, only one side can talk at a time. “Over.” When you are through with your conversation and hanging up, proper etiquette is to say, “Out.” \*)